

# Fitness - Polka

**böhmisches Polkatempo!**

The musical score is arranged in a system of staves. The instruments and their parts are as follows:

- Flöte in C:** Treble clef, 2/4 time, starts with a rest, then plays a melody starting on G4 with a *mf* dynamic.
- Klarinette 1 in B:** Treble clef, 2/4 time, starts with a rest, then plays a melody starting on G4 with a *mf* dynamic.
- Klarinette 2 in B:** Treble clef, 2/4 time, starts with a rest, then plays a melody starting on G4 with a *mf* dynamic.
- Klarinette 3 in B:** Treble clef, 2/4 time, starts with a rest, then plays a melody starting on G4 with a *mf* dynamic.
- Flügelhorn 1 in B:** Treble clef, 2/4 time, plays a melody starting on G4 with a *mf* dynamic.
- Flügelhorn 2 in B:** Treble clef, 2/4 time, starts with a rest, then plays a melody starting on G4 with a *mf* dynamic.
- Trompete in B:** Treble clef, 2/4 time, plays a sustained chord.
- Tenorhorn in B:** Treble clef, 2/4 time, plays a melody starting on G4 with a *mf* dynamic.
- Bariton in C:** Bass clef, 2/4 time, plays a melody starting on G3 with a *mf* dynamic.
- Posaunen in C:** Bass clef, 2/4 time, plays a harmonic accompaniment with a *mf* dynamic.
- Tuba in C:** Bass clef, 2/4 time, plays a harmonic accompaniment with a *mf* dynamic.
- Schlagzeug:** Treble clef, 2/4 time, plays a rhythmic accompaniment with a *mf* dynamic.



Partitur

17

Fl. (C) *mf*

Kl.1.(B) *mf*

Kl.2.(B) *mf*

Kl.3.(B) *mf*

Flg.1.(B) *mf*

Flg.2.(B) *mf*

Trp.(B)

Ten.(B) *mf*

Bar.(C) *mf*

Pos.(C) *mf*

Tb.(C) *mf*

Sgz. *mf*



Partitur

35

Fl. (C)

Kl.1.(B)

Kl.2.(B)

Kl.3.(B)

Flg.1.(B)

Flg.2.(B)

Trp.(B)

Ten.(B)

Bar.(C)

Pos.(C)

Tb.(C)

Sgz.

*ff*

Partitur

45

Fl. (C) *mf*

Kl.1.(B) *mf*

Kl.2.(B) *mf*

Kl.3.(B) *mf*

Flg.1.(B) *mf* soli

Flg.2.(B) *mf* soli

Trp.(B)

Ten.(B)

Bar.(C)

Pos.(C) *mf*

Tb.(C) *mf*

Sgz. *mf*

Partitur

53

Fl. (C)

Kl.1.(B)

Kl.2.(B)

Kl.3.(B)

Flg.1.(B)

Flg.2.(B)

Trp.(B)

Ten.(B)

Bar.(C)

Pos.(C)

Tb.(C)

Sgz.

*mf*

*mf*

*soli*

*soli*

*mf*

Partitur

61

Fl. (C)  
Kl.1.(B)  
Kl.2.(B)  
Kl.3.(B)  
Flg.1.(B)  
Flg.2.(B)  
Trp.(B)  
Ten.(B)  
Bar.(C)  
Pos.(C)  
Tb.(C)  
Sgz.

tutti

tutti

tutti

tutti



Partitur

Trio

79

Fl. (C) *ff* *mf*

Kl.1.(B) *ff* *mf*

Kl.2.(B) *ff* *mf*

Kl.3.(B) *ff* *mf*

Flg.1.(B) *ff*

Flg.2.(B) *ff*

Trp.(B) *ff*

Ten.(B) *f* *soli*

Bar.(C) *f* *soli*

Pos.(C) *ff* *mf*

Tb.(C) *ff* *mf*

Sgz. *ff* *mf*

Partitur

89

Fl. (C)

Kl.1.(B)

Kl.2.(B)

Kl.3.(B)

Flg.1.(B)

Flg.2.(B)

Trp.(B)

Ten.(B)

Bar.(C)

Pos.(C)

Tb.(C)

Sgz.

*soli*

*mf*

*f*

Partitur

97

Fl. (C)

Kl.1.(B)

Kl.2.(B)

Kl.3.(B)

Flg.1.(B)

Flg.2.(B)

Trp.(B)

Ten.(B)

Bar.(C)

Pos.(C)

Tb.(C)

Sgz.

*mf*

*mf*

*mf*

*mf*

*mf*

*mf*

*mf*

*mf*

*mf*

*mf*



Partitur

113

1. 2.

Fl. (C)

Kl.1.(B)

Kl.2.(B)

Kl.3.(B)

Flg.1.(B)

Flg.2.(B)

Trp.(B)

Ten.(B) *soli*

Bar.(C) *soli*

Pos.(C)

Tb.(C)

Sgz.

*sfz*

Partitur

121

Fl. (C) *ff*

Kl.1.(B) *ff*

Kl.2.(B) *ff*

Kl.3.(B) *ff*

Flg.1.(B) *ff*

Flg.2.(B) *ff*

Trp.(B) *ff*

Ten.(B) *ff*

Bar.(C) *ff*

Pos.(C) *ff*

Tb.(C) *ff*

Sgz. *ff*